

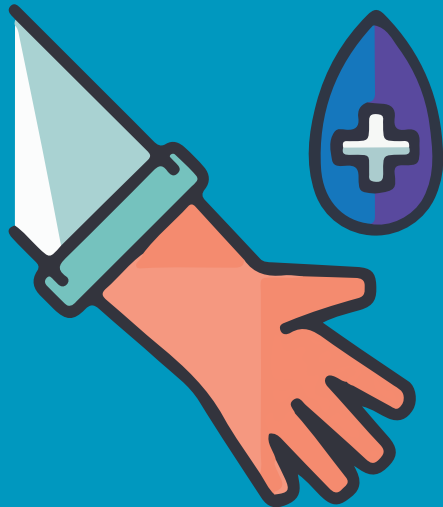
# Lave suas mãos

Lave suas mãos com água corrente e sabão quando **suas mãos estiverem visivelmente sujas**



Caso suas **mãos não estejam visivelmente sujas,**

limpe-as frequentemente com soluções de álcool para mãos ou água e sabão



[Logo: OMS]

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*Source: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>*

*Additional Translated Material: <https://thespanishgroup.org/blog/Covid-19-WHO-Guidelines-pt>*